

You Can Thrive Even if Your Adult Kids Stray

There comes a time when every child steps into adulthood and begins making their own choices. So, how can today's parents continue to guide their adult children, even if they disagree with their kids' decisions?

Beloved author and international speaker Mary DeMuth answers this question in her new book, *Love, Pray, Listen: Parenting Your Wayward Adult Kids with Joy*.

Parents of wayward children may feel guilty or crushed by their kids' choices. They may spiral, asking themselves what they did wrong and longing for their children's unquestioning faith. DeMuth helps parents navigate this heartache, develop new rhythms to reconnect with their adult kids, and place their trust in the Lord for their wayward children's futures. Her wisdom leads readers toward hope and joy, even during painful seasons.

"Love, Pray, Listen offers empathy and grounded biblical wisdom to help parents thrive, no matter what path their adult kids take." —Pastor Steve Stroope

Endorsed by Rebecca Ashbrook Carrell, Pastor Steve Stroope, and Skye Jethani, DeMuth's new book seeks to provide direction to empty nesters and parents of teens exploring new parental terrain. She reassures parents that they are not alone and encourages them to model the discipleship of Jesus.

DeMuth welcomes interviews on topics, such as

- 3 simple ways to intentionally parent your wayward adult child
- How the Love Chapter (1 Corinthians 13) helps you thrive as a parent of adult kids
- Creating a haven-like home that adult kids want to come back to
- How to navigate parental when reality doesn't meet expectations

"These heartaches are the means by which Jesus grows us," DeMuth writes. "Your children's choices do not end your life; they begin a new phase of it. Your new life apart from your children is rife with beautiful potential. Why? Because heartache holds the opportunity for dependence upon the Parent who empathizes."

Love, Pray, Listen releases with Bethany House on September 6, 2022.



Love, Pray, Listen: Parenting Your Wayward Adult Kids with Joy

by Mary DeMuth

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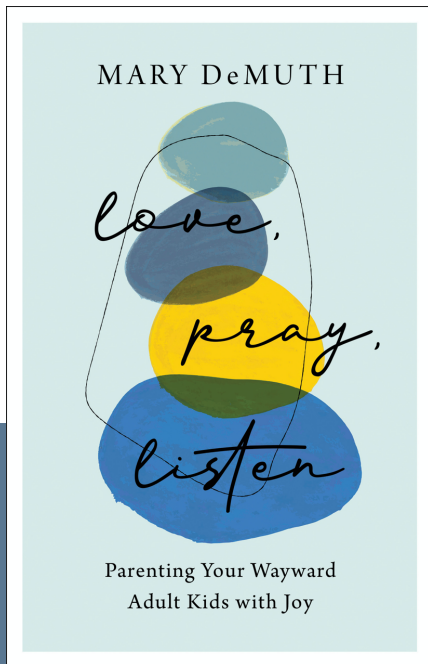
Available at your local bookstore, bethanyhouse.com, or by calling 1-800-877-2665.

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Sample Interview Questions

1. Mary, the message in your book hits a tender spot for many parents today and the fears of many more. Would you be willing to share a little of your story and why you wrote this book?
2. What does it look like to be the parent of a wayward adult child?
3. “Love, pray, and listen.” That sounds so easy in theory. What does it look like to develop these steps into a new rhythm of life with your adult kids?
4. How can we begin listening to our children better?
5. How can Christian parents keep moving forward when their idealistic family expectations aren’t their reality?
6. In your robust reading of Scripture, what has helped you navigate this new stage of parenting adult children?
7. Where can parents find comfort when their child begins to question or walk away from their faith? What would you say to the parents worried about their child’s future in heaven?
8. Parents can feel compelled to change their theology to match their wayward child’s decisions. How can parents stay true to their Christian convictions while loving their children?
9. In what ways is the relationship between a wayward child and their parent also a representation of the Body of Christ’s relationship with God? What can we learn from this in our parenting?
10. How can parents of young kids set themselves up to continue communicating openly with their children as they grow up? What are best practices to help our children thrive when they leave the nest?
11. Your book is laid out using the Bible’s love chapter, 1 Corinthians 13:4-7, where each chapter begins with “Love is....” How can parents pray this verse over their wayward children?
12. What encouragement would you like to share with parents of wayward children today?
13. Where can people connect with you and pick up their own copy of *Love, Pray, Listen*?

Mary DeMuth is an international speaker, a podcaster, and the author of over forty books, fiction and nonfiction, including *The Day I Met Jesus*. Through God’s healing, Mary has overcome a difficult past to become an authentic example of what it means to live a brand-new story. She loves to help others “re-story” their lives through the books she writes. Mary lives in Texas with her husband of 30 years and is Mom to three adult children. Learn more at marydemuth.com.



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